

MENSOUR



Sarah Karina Kryszak

Unions: ACTRA
Height: 5'7"
Weight: 140 lbs.
Hair: Light Brown/Blonde
Eyes: Green
Languages: English, French

FILM / TELEVISION / VIDEO / RADIO

FIRST LIGHT	ACTOR		JASON STONE
JEROME	ACTOR	ICI RADIO CANADA	
AOCVF	HOST	CB FILMS INC.	
NO EASY DAYS	ACTOR	MATADOR PICTURES	P. TANTER
TOI ET MOI, MALGRÉ TOUT	ACTOR	LUSIO FILMS/SLALOM PRODS.	M. CADOTTE
TELL THE WORLD	ACTOR	TTW PRODS. & ZED FILMWORKS	K. PORTBURY
THE WIFE HE MET ONLINE	PRINCIPAL	MOVIE VENTURE 5	CURTIS CRAWFORD
CANADIAN CENTRE ON SUBSTANCE ABUSE	BILINGUAL PRINCIPAL	AFFINITY PRODUCTIONS	
RCMP TRAINING VIDEO	BILINGUAL PRINCIPAL	AFFINITY PRODUCTIONS	
CANADIAN BORDER SERVICES	BILINGUAL PRINCIPAL	AFFINITY PRODUCTIONS	
CANADA POST MONEY ORDER FRAUD	BILINGUAL PRINCIPAL	AFFINITY PRODUCTIONS	

COMMERCIALS / INDUSTRIALS

TRIP	PRINCIPAL	INMOTION
VERILUX CLEAN WAVE (COSTCO)	BILINGUAL PRINCIPAL	AFFINITY PRODUCTIONS
DOCTEUR CHARBONNEAU	BILINGUAL PRINCIPAL	PXL MEDIA
CANADIAN ASSN. OF OPTOMETRISTS	BILINGUAL PRINCIPAL	AFFINITY PRODUCTIONS

WEB

CRA: CRIMINAL INVESTIGATIONS	ACTOR	PARKTOWN
BILLINGS BRIDGE PRODUCTIONS	BILINGUAL HOST	AFFINITY / 50 CREATIVE
CITIZENSHIP AND IMMIGRATION	BILINGUAL HOST	AFFINITY PRODUCTIONS
DEPT. OF FOREIGN AFFAIRS & INT'L TRADE	BILINGUAL HOST	VODLIFE
SERVICE CANADA		

VOICEOVER

RCMP	VO (FRENCH)	AFFINITY PRODUCTIONS
FIRST NATIONS SOCIETY PROMO VIDEO	VO (FRENCH)	AFFINITY PRODUCTIONS
COSTCO – VERILUX CLEAN WAVE	NARRATOR (FRE/ENG)	AFFINITY PRODUCTIONS
CAMOUFLAGE EXHIBITION (WAR MUSEUM)	NARRATOR (FRE/ENG)	AFFINITY PRODUCTIONS
COSTCO – STEP 2	NARRATOR (FRE/ENG)	AFFINITY PRODUCTIONS

TRAINING

VOICE AND SPEECH: OTTAWA SCHOOL OF SPEECH AND DRAMA, VOICE AND SPEECH WORKSHOP (8 WEEKS)
INTENSIVE ACTING: NATIONAL SCHOOL OF THEATRE, INTENSIVE WORKSHOP (1 WEEK)
THEATRE: DE LA SALLE H.S., GRADUATED WITH HONOURS IN THEATRE AS PART OF THE ARTS CONCENTRATION PROGRAM

SPECIAL SKILLS

AEROBICS, STRENGTH TRAINING, BADMINTON (PLAYED COMPETITIVELY FOR 3 YEARS)
DANCING (LATIN AND HIP HOP), SINGING, PIANO
PROFESSIONAL MAKEUP ARTIST WORKING IN VIDEO, FILM AND TELEVISION

