

MENSOUR



Cassandre Mentor

Unions: ACTRA/CAEA/UDA Stagiaire
Height : 5'4"
Hair : Black
Eyes : Brown
Languages : English, French, Haitian Creole

FILM/TELEVISION (selected credits)

The Marriage Pass	Principal	1Department Entertainment
The Secret Sauce	Principal	Incendo Productions
Christmas at Maple Creek	Principal	Neshama Entertainment
Once Upon a Christmas	Principal	First Trimester Productions
Castrato	Principal	Space Tiger Productions
Christmas for Hire	Actor	NB Thrilling Films 6 Inc.
Turkey Drop	Actor	Gobble Productions
Killing Daddy	Principal	NB Thrilling/Reel One

THEATRE (selected credits)

*Bang Bang	Lila	Bronwyn Steinberg/ GCTC
Princesse de Personne	Simone	Danielle Le Saux-Farmer/ Théâtre la Catapulte
The Revolutionists	Marianne	Bronwyn Steinberg/ Three Sisters Theatre
Building the Wall	Gloria	Sean Devine/ Horseshoes and Hand Grenades
Black Lives, Black Words	Ensemble	Rhubarb Festival/ Buddies in Bad Time
**Blue Colored Girl	Maryse	Bryan James/ Krik Krak Productions
When Elephant Was King	Serval	Tamara Brown/ Black Theatre Workshop
A Thousand Paper Cranes	Mama	Micheline Chevrier/ Geordie Productions
Colombia Days: A Musical Memoir	Thelma Phoenix/Ensemble	George Rideout/ Bridge Theatre
For Colored Girls	Lady in Purple	Millie Tresierra/ NuSpyce Productions
Darwin: Endless Forms Most Beautiful	Cyborg	Keith Turnbull/ Concordia University
Oedipus	Cloth	Ulla Neuerburg/ City of Wine Festival
Québec à La Carte	Ensemble	Stephanie Graham /Charlottetown Festival

**Outstanding Female Performance Rideau Awards 2019/2020*

***Written and performed by Cassandre Mentor*

TRAINING

Concordia University: BFA Theatre Performance Specialization
Acting & Movement: Robert Reid, Ulla Neuerburg, Nancy Helms, Denise Boulanger
Dance: Stephanie Graham, Cory Bowles, Zach Kearns, Robin Calvert
Vocal: Nancy Helms, Rea Nolan, Julain Molnar, Rosemary Bernaquez, Alexandra Kirim
Directing: Sarah Stanley
On-Camera Workshop: Elite Casting, Suzanna LeNir

SPECIAL SKILLS

Singing: Mezzo-Soprano (intermediate)
Dance: Afro-Caribbean; Hip hop; Jazz (basic); Swing (basic); Ballet (basic)
Improvisation; Yoga; Sewing; Illustration; Painting; Driving (automatic)



L'Agence Mensour Agency Ltd. 253 Greensway Ave, Ottawa ON K1L 7V3 Tel. 613.241.1677 Fax.
613.241.4360