

MENSOUR



Valerie Lalonde

Taille: 5'5"
Poids: 120lbs
Cheveux: Bruns
Yeux: Bruns
Langues: Français, Anglais

FILM/TÉLÉVISION

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| EAUX TROUBLES/BROKEN WATERS | 1ER RÔLE | BELIEVE FILMS |
| LA VALISE | 1ER RÔLE | LACITÉ |
| AMERICAN DESCENET | 1ER RÔLE | ZED FILMWORKS |
| KISSING BOOTH | 1ER RÔLE | INMOTION |
| PARANORMAL WITNESS | 1ER RÔLE | PARANORMAL WITNESS 2 FILMS INC. |
| CHILL ZONE | 1ER RÔLE | BALESTRA PRODUCTIONS |
| LOVE, SAM | 1ER RÔLE | POPLAR STREET PICTURES |
| GREEEK ELIXIR YUM! | 3E RÔLE | ORLEANS YOUNG PLAYERS |
| THE STORYBOOK MIS (ADVENTURES) | | VALLEY WIND PRODUCTIONS |

COMMERCIAL

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| JUMPING IN. YOUR FIRST FIVE YEARS | 1ER RÔLE | GAPC |
| DND "FIRST CONTACT" | 1ER RÔLE | GAPC |
| DND "BYSTANDER INTERVENTION" | 1ER RÔLE | GAPC |
| GM CONNECT AND WIN | 1ER RÔLE | TURBO MARKETING |
| CHRYSLER BLACK FRIDAY | 1ER RÔLE | TURBO MARKETING |
| FAST AND FURIOUS | 1ER RÔLE | TURBO MARKETING |
| GM RED CARPET EVENT | 1ER RÔLE | TURBO MARKETING |
| PSA | 1ER RÔLE | R&D CREATIVE |

THEATRE

| | | |
|-------------------|---------------------|--------------------------------------|
| ONE FOR THE ROAD | GILA | UOTTAWA |
| THE LESSON | THE PUPIL | UOTTAWA |
| THE SECRET GARDEN | THE ROBIN (FLUTIST) | 9 TH HOUR THEATRE COMPANY |

TRAINING

ACTING INTENSIVE, INTENSIVE ACTORS LAB – CLAUDIA JURT, 2018-2019
ACTORS, TEACHERS, DIRECTOR WORKSHOP, JOHN STRASBERG, 2018
ACTING INTENSIVE, JOHN STRASBERG, 2018
ACTING INTENSIVE FOR FILM & TV, SMYTH CASTING, ILON SMYTH CDC, 2017
ACTING FOR TV & FILM, ROBERT BOCKSTAEEL, THE ACTING COMPANY, 2015/2016
ANIMATION VOICE OVER, STEVIE VALLANCE, 2012
ADULT INTENSIVE ACTG, A.C.T OTTAWA, CLAUDIA JURT, 2012
ACTING IN FRONT THE CAMERA, A.C.T OTTAWA, CLAUDIA JURT 2011-2012
ON-CAMERA ACTING, ORLEANS YOUNG PLAYERS, 2010-2011
INTERMEDIATE MONOLOGUES AND SCENES, SHANNON LAWSON (GEMINI RECIPIENT), 2010-2011
IMPROVISATION AND CHARACTER BREAKDOWN: SHANNON LAWSON (GEMINI RECIPIENT), 2010-2011
BEGINNERS STUNTS TRAINING, LAWSON LOL STUDIO, 2011
COMMERCIAL ACTING, RDI MODEL & TALENT ACTING PROGRAM, SHANNON LAWSON, 2010

HABILETÉS

FLÛTISTE, PICCOLOIST, LE DANSE DU VENTRE, NATATIONS, EQUITATION, PATINAGE SURE GLACE, PATINAGE CASCADEUR, TÉLÉPROMPTEUR



L'Agence Mensour Agency Ltd. 41 ch. Springfield Rd., Ottawa ON K1M 1C8 Tel. 613.241.1677 Fax.
613.241.4360