MENSOUR

Puja Uppal

Unions: ACTRA
Height: 5'8''
Weight: 122lbs
Hair: Black
Eyes: Brown
Languages: English, Hindi, Punjabi

FILM/TELEVISION

DON'T SELL MY GREAT GRANCHILD	LEAD	FOREVERTIME	
DON'T SELL MY GRANDCHILD	LEAD	FOREVERTIME	
DON'T SELL MY BABY	PRINCIPAL	LIFETIME	ROXANNE BOISVERT
MOMMY'S LITTLE STAR	PRINCIPAL	LIFETIME	CURTIS CRAWFORD
MUM SINGH	LEAD	KARA FILMS	KARAN SINGH
TRANSPLANT	PRINCIPAL	CBC/NBC	DANIEL GROU
FATMAN	ACTOR	SABAN FILMS	ESHOM & IAN NELMS
MADISON TRILOGY #1	ACTOR		A. CARRIÉRE
FATHERHOOD	PRINCIPAL		P. WEITZ
THE DETECTIVES	PRINCIPAL	CBC	J. L'ECUYER
THE PERFECT CHEERLEADER	ACTOR	LIFETIME	A. CARRIÉRE
BROKEN WATERS/EAUX TROUBLES	PRINCIPAL	BELIEVE FILMS	
MOMMY'S LITTLE PRINCESS	ACTOR	LIFETIME	C.CRAWFORD
MURDERED AT 17	LARGE PRINCIPAL	LIFETIME	C.CRAWFORD
THE BOLD TYPE	ACTOR	FREEFORM-ABC	J.TRAVIS
SHAME	LEAD		C.KADYSCHUK
CIGARETTES HURT BABIES	ACTOR		A.MUNRO
EMES	ACTOR		M.JEWUSIAK
DEUTEROLOGY	ACTOR	NENDOS	K-K.NENDOS
SPICY FUSION	LEAD		S.KRISHNA
CHANGE	LEAD	VFS	N.C.PATEL
C.L.I.T. (CERTIFIES LESBIANS IN TRAINING)	PRINCIPAL	VANCOUVER FILM SCHOOL	
SEX, LIES AND VIDEOTAPE	LEAD	RON	

THEATRE (SELECTED)

AGENT MADELEINE	LEAD	RAINY HEART PRODUCTIONS	C.MCKAY
THE CLEAN HOUSE	LEAD	THREE SISTERS THEATRE COMPANY	M.ELLIS
OFFICE HOURS	LEAD	PHOENIX PLAYERS	J-A.MCCABE
A FATAL MEETING OF LES FEMMES FATALES	LEAD	TOTOTOO THEATRE	J.CLEVELAND
KEEN	LEAD	SUMMERWORKS	M.TINDYEBWAL
SUBURBIA	ACTOR	FRINGE FESTIVAL	M.P.NORTHEY
SEX, LIES & VIDEOTAPE	LEAD	VFS	R.CHARTIER
THE IMPORTANCE OF BEING ERNEST	LEAD	VFS	C.MCDOWELL

COMMERCIALS

LIST AVAILABLE UPON REQUEST

TRAINING

ACTING 4 SHOWCASE | JOHN MUGGLETON & MARY ELLIS | THE ACTING COMPANY
SHAKESPEARE | MARY ELLIS | THE ACTING COMPANY
AUDITIONING | ANNE TAIT, BERNADETTE JONES, BRIAN LEVY & GINGER HOWARD FRIEDMAN
ACTING | GILLES PLOUFFE & BRENT DONNELLY
ON CAMERA WORKSHOP | KATHERINE BILLINGS, MICHAEL CHASE, BART ANDERSON & RON CHARTIER
ACTING FUNDAMENTALS | CARA MCDOWELL, DOUGLAS NEWELL, BONNIE GIBSON & DEBRA THOME
SCENE STUDY | JIME BATES, KATHERINE BILLINGS, CARA MCDOWELL & TOME SCHOLTE
SINGING | ALISA KORT
VOICE OVER | DOUGLAS NEWELL
SPEECH & VOICE | IAN RAFFEL

L'Agence Mensour Agency Ltd. 253 Greensway Ave, Ottawa ON K1L 7V3 Tel. 613.241.1677 Fax. 613.241.4360

SPECIAL SKILLS
ATHLETICS | KARATE, CYCLING, RUNNING
DANCE | BOLLYWOOD
LANGUAGES | HINDI & PUNJABI
ACCENTS | INDIAN & BRITISH

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